



Elevate Your Health, One Step at a Time with BeyondWell

BeyondWell is a comprehensive lifestyle program that integrates wellness activities, goals, rewards and more into a single place. The result is a truly personalized well-being experience that is tailored to your unique needs.

 **Earn up to \$150 per year in rewards - act now!** 

- > Gift cards earned must be self-claimed by December 31 each year.
- > Unclaimed rewards will be forfeited.

Our BeyondWell program is available now and continues into 2025—and Regence members and eligible spouses can **earn up to \$150** in electronic gift cards. Engage throughout each year to maximize your rewards!

Get started today!

Regence members

- From a computer, log into your CIS Health Manager at [fY\[YbW\]Vta](#)
- Scroll down to the programs listed and **select** BeyondWell.
- If this is your first year participating, you'll need to **register** and accept the Terms of Use.

If you are asked for a code during registration | **CODE: CIS**



Take your well-being journey with you anywhere, anytime! Download the BeyondWell app now.

Earn up to \$150 in rewards for healthy activities:

Download BeyondWell app

Connect a device or app

Verified steps through device

Personal challenges

Self-guided programs

Dental exams

Vision exams

Flu shot, COVID-19 vaccinations

Health assessment

Preventive screenings

Regence BabyWiseSM program

Flip to learn more about our 2025 program



